



September 21, 2020

## Sooke Family Resource Society Message for Family Resource Program Play Groups

Starting in October, Sooke Family Resource Society (SFRS) Family Resource Program parent and child play groups will be offering in-person groups at both the Sooke and West Shore Child, Youth, and Family Centre buildings (including: Parent-Tot Play Groups, Parent Discussion Groups, Family Support Groups).

These groups do require pre-registration and are now offered in small group sessions (4 families at a time). To speak to SFRS about these programs, please phone the Family Resource Program Coordinator. (Sooke – 250-642-5152 ext 237; West Shore 250-642-5152 ext 239.)

Please visit us at our YouTube channel to join Circle Time, Crafts, Cooking and Food with our FRP team!

If you are in need of Family Support services, please phone the Family Support Worker (Sooke – 250-580-4815; West Shore 250-216-7453).