



The Cove

Your communities' best source of child care information & resources

Winter Wonder

As the colors of fall fade away, and the leaves are carpeting the sidewalks, we are reminded that Winter is on it's way. Out come the muddy buddies and the rubber boots and puddle jumping will be a daily gross motor skill being exercised by all.

I hope that as the year comes to a close you will all have some time to relax and refresh yourselves and really do some self care.

This time of year can be so hectic so when you are doing your program planning, keep in mind that simple is better and children will love the slower pace as well. Remember it is all about the process not the product.



Winter 2018/2019

Inside this issue

Circle Time.....	2
Start Up grants.....	2
Family Fun for Preschoolers	3
Crafty Corner	4
Training.....	5
Cannabis and Child Care?.....	6

THE SOOKE/WEST SHORE TEAM

Coordinator:

Daphne Raymond

Consultants:

West Shore:

Sharon McIntosh

Sooke: Erin Holler

Reception:

Shelly Noyes

www.sfrs.ca

Don't Forget!

National Child Day November 20th

UN Convention on the Rights of a Child:

<https://www.canada.ca/content/dam/phacaspc/documents/services/health-promotion/childhoodadolescence/national-child-day/united-nationsconvention-rights-of-the-child/bckUNch-eng.pdf>

Circle Time!



Five Little Snowmen

Five little snowmen riding on a sled,
One fell off and bumped his head.
I called Frosty and Frosty said,
"No more snowmen sliding on that sled."
Four little snowmen....
Three little snowmen....
Two little snowmen....
One little snowman....



Taking time every day to read or do a learning activity with children is crucial to a child's development.

January 27

FAMILY LITERACY DAY

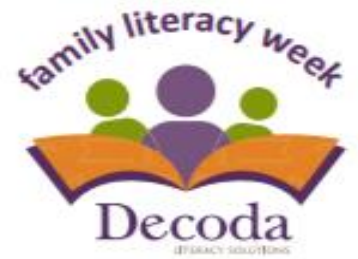


Inspiring Families to Learn Together

Start-Up Grants For the Creation of Licensed Family and In-Home Multi-Age Child Care

As of June 20, 2018, one-time Start-Up Grants will be available to help eligible unlicensed child care providers – whether Registered License-Not-Required (RLNR) or License-Not-Required (LNR) – to become licensed child care facilities under the Community Care and Assisted Living Act. Start-up grants will be subject to availability of dollars within the budget, set at \$750,000 per year over the next three years

https://www2.gov.bc.ca/assets/gov/family-and-social-supports/child-care/running-a-daycare-or-preschool/start_up_grants_guidelines.pdf



Family Fun for Preschoolers (Ages 3 to 5)

Preschoolers have a built-in curiosity that makes **STEAM** activities fun. Taking the time to explore, question, make mistakes, and discover together supports children's learning.

Here are some fun and easy things you can try:

- Use a magnifying glass to explore your home and yard. How do things look different? Do you notice new details? Draw what you see.
- Play Tri-spy. In this version of I spy, choose a category of things to look for, e.g. something orange, something shiny, something funny.
- Cook together. You can follow a recipe or get creative. Salad, pizza and cookies are all popular choices. Added bonus: children often want to eat what they have prepared.
- What do you think will float? Collect and make some things you think will float, such as plastic bottle tops, corks, and waterproof toys; then try them out. Don't forget to add things that won't float.
- Build something together. Try all different kinds of materials – cardboard, drinking straws, building blocks, snow – and see what your child designs.
- Play games together. Whether they are board games, card games or electronic games, playing together will promote social skills as well as **STEAM** skills.
- Visit your public library for books on **STEAM** topics that interest your child, such as nature, buildings, dinosaurs, rockets, robots and craft activities.

Through these activities, your child:

- practices observing their world
- organizes what he/she knows into patterns and groups
- discovers through experiments and solves problems
- plans, predicts and makes decisions
- learns that different objects have different properties
- learns new words
- develops eye hand coordination
- learns that when they do something, it makes other things happen
- has fun!

For more ideas, visit Decoda's **STEAM** Family Fun Pinterest page (pinterest.com/decodaliteracy/steam-family-fun/) and Science World's *Big Science Little Hands* website: <http://www.scienceworld.ca/bslh-at-home>

decoda.ca | info@decoda.ca | 604.681.4499 |  

Crafty Corner

Winter Mitten Craft for Preschoolers

To make the winter mitten craft, you will need:

- Paper
- Scissors
- Glue
- Yarn
- Assortment of Foam
- Stickers
- Cotton Balls



3D Reindeer



What you'll need:

- * Mini red pom poms
- * Sticker eyes
- * Brown Construction paper
- * Glue

[Instructional video](#)

Inspire Creativity

“Being creative, however, is exactly what we need from kids today.

And the world needs it from you as well. Because when someone is creative they are more joyful. That's because creativity is a means of accessing and expressing our life force and natural gifts. Through creativity we tend to our authenticity, to that which wants to have a voice.

It's where we become alive, engaged, and in wonder. “

-Vince Gowmon

Are you an ECE student, or would you like to upgrade your education?

The province of British Columbia has partnered with ECEBC to provide a bursary to encourage new Early Childhood Educators to join the field.

The ECE Education Support Fund is open to all students who are studying for an ECE credential, including

- ECE Basic certificate
- ECE Post - Basic certificates (Infant & Toddler and/or Special Needs)
- ECE Diploma
- ECE Bachelor

This program is open to all ECE students enrolled at an accredited ECE post-secondary institution. Students are eligible to receive up to \$4,000 in funding per school semester.

Find out more at the ECEBC website [here](#).

FREE online Courses

A program developed in Georgia, USA, uses an easy, practical approach to teaching language and literacy to children of all ages.

When you click on the link below you will see all their free, interactive courses – each one based on early language and literacy practices proven to work. When you engage in these practices, YOU empower each child to decide his/her own destiny. Check it out!

<https://app.coxcampus.org/#!/courses>



Family Child Care Course Level 1, 2, and 3 from:

Canadian Child Care Federation

Sat. Jan 12, 2019—9:00am-4:30pm

Sat. Feb 2, 2019—9:00am-4:30pm

Sat. Feb.23, 2019—9:00am-3:30pm

Location: 345 Wale Road, Early Years Rm.

Some topics included are: The Business of Family Child Care; Exploring Child Development; Planning for Health, Safety and Nutrition; Planning Children's Experiences in an enriched Environment; Guiding Children's Behaviour, Developing a Contract, Policies and Procedures; as well as Caring for Self and Developing Caring Partnerships.

Please call Sharon at 250-391-4324 to inquire and register.



CCRR Training Opportunities

April 24, 2019 —Self-Care, Mindfulness, & Stress Management - Colwood Site

May 29, 2019 —Spring Appreciation—
Early Intervention & Supported Child Development—
Colwood Site

There are still spaces available so please contact our reception at 250-6425-5152 to register!

Did you know we are on Facebook?

Check out and like our page.

<https://www.facebook.com/pages/CCRR-BC/175512252502592>



Sooke Office:

#100-6672 Wadams

Way

Sooke, BC

V9Z 0H3

Phone: 250-642-5152

E-mail:

eholler@sfrs.ca

West Shore Office:

345 Wale Road,

Colwood, BC

V9B 6X2

Phone: 250-940-4882

E-mail:

smcintosh@sfrs.ca



Cannabis and Child Care

British Columbia's *Cannabis Control and Licensing Act* (CCLA) came into force October 17, 2018. What does this mean for child care providers in B.C.?

The CCLA authorizes adults to grow up to four cannabis plants per household. However, cultivation of cannabis for any use is prohibited in households that operate as licensed child care facilities (section 56 and 58). To align with this new legislation, Registered Licence Not Required (RLNR) providers are also prohibited from cultivating cannabis in dwellings used as child care, as stated in Child Care Resource and Referral Centre registration guidelines.

As always, any concerns related to the health, safety, and well-being of children should be reported to the appropriate agency:

For licensed facilities: local [Community Care Facilities Licensing Office](#)

For RLNR providers: local [Child Care Resource and Referral \(CCRR\) program](#)

For certified Early Childhood Educators (ECEs) or ECE Assistants: [ECE Registry](#)

We hope you take the time to thoroughly familiarize yourself with the new legislation.

For more information on the new cannabis laws and regulations, please visit www.getcannabisclarity.ca.

If you have any further questions, please contact BC Cannabis Legalization and Regulation Secretariat directly.

