

# Join us for Early Years Play-Based Programs in the Westshore

At the Child, Youth, and Family Centre  
**345 Wale Road, Early Years Room**  
**Contact: Sharon McIntosh**  
**250-391- 4324**

At the Family Resource Centre  
**2764 Jacklin Road**  
 Located behind Ruth King,  
 off of Matson and Goldstream Rd.  
**Contact: Erin Holler 250-642-5152**

## Tuesdays

### Parent and Tot Drop-In

An opportunity to play and learn with your child. Enjoy art, stories, activities, and circle time. Meet other parents and children from your community.

Ages 0-6 years  
**9:30-11:00am**



## Thursdays\*\*

### Playgroup for Daycare Providers

#### Providers

\*\*1st Thursday of the Month—Licensed Day Care Providers

\*\*3rd Thursday of the Month—  
 Registered License Not Required Day Care Providers

The Playgroup is great way for your daycare children to enjoy the play-based activity centres in the CCRR's Westshore early-years room with art/craft activities, snack time, and circle time. Care Providers can connect with the CCRR Consultant to receive information and ideas.

Ages 0-6 years  
**9:30-11:00 am**



## Fridays

### Parent Discussion Group

A facilitated group with scheduled parenting topics and child-parent activities. Early learning activities with qualified child-minding staff is available during most discussion times.

Ages 0 - 6 years  
**9:30-11:00 am**



## Thursdays

### Parent and Tot Drop-In

An opportunity to play and learn with your child. Enjoy art, stories, activities, and circle time. Meet other parents and children from your community.

Ages 0-6 years  
**9:30-11:00am**



### Please Note:

**February 24, 2012**  
**SFRS programs closed**  
**SFRS Staff Training Day**

Participation in all drop-in programs is free/ by donation; snacks provided.  
 Closed on statutory holidays.



## Upcoming Free Programs in the Westshore

Registration for all programs and workshops is required at least one week in advance.  
SFRS reserves the right to cancel programs  
when not enough participants have registered within one week of start dates.

Please call Sooke Family Resource Society  
at (250) 642-5152 to register.

**\*\*Registration begins December 2, 2011 for the following programs**

### Parent-Child Mother Goose

Fridays, January 20—March 2, 2012 1:00-2:30pm  
(no class Feb 2, 2012)

Child's Ages: 18 months—3 years old with parent/ caregiver.

Learn fun songs, rhymes, and stories with your child to promote attachment and support early literacy development.

Location: Wale Road –Child, Youth, and Family Centre (Colwood)



### Power of Positive Parenting (Triple P)

Wednesdays, February 1—March 7, 2012 6:30-8:30 pm

Tips on parenting and children's development.

The Triple P workshop has information to support you as a parent.

Child Care and Snacks provided

Location: Family Resource Centre at Ruth King (Langford)



### Head Start Music Program

2/3 Year Old Program

Every other Friday, starting February 10—June 29, 2012 11:30-12:30pm

Music based activities—singing, moving, listening  
and instrument playing to help children learn.

Location: Family Resource Centre at Ruth King (Langford)



Programs are offered the at following locations:

The Child, Youth,  
and Family Centre  
**345 Wale Road,  
Early Years Room**

Family Resource Centre at  
Ruth King  
**2764 Jacklin Road**  
(Located behind Ruth King,  
off of Matson and Goldstream Rd.)

SOOKE  
**Family**  
RESOURCE SOCIETY  
Caring for Community since 1984